

AshaUSA presents a webinar on "Parenting Strengths During Covid-19"

Parenting can be stressful during times of Covid-19.

Are you a parent trying to make informed decisions on a daily basis regarding better health and well-being for you and your kids of all ages? Are you looking for parenting tips during these stressful times? Then this webinar is for you. Experts from University of Minnesota will answer your questions.

Join Zoom Meeting: https://uso2web.zoom.us/j/88651735185?pwd=Tk1IToVQbDlITTNCTUpSZ3hoYUladzoog

Meeting ID: 886 5173 5185

Password: parenting

Saturday: May 16th 2020 Time: 4pm -6 pm CST

Hope to see you there! #StaySafe



Ellie McCann M.S., CFLE Extension Educator & Professor, Center for Family Development



Experts from Center for Family Development
University of Minnesota Extension

extension.umn.edu/family

Questions? Write to <u>ashausa2014@gmail.com</u>
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